

State of Kansas *Legend* Price List

Legend Fitness Equipment

14% Discount off MSRP

No charge for freight, delivery, and installation

Warranty – See attached sheet

Extended Warranty – dependent on product, location, and level of service desired

Repair Parts – 20% Discount off MSRP

Mid-States Fitness Equipment

235 S. Topeka St.

Wichita, KS 67202

2010 LEGEND FITNESS PRICE LIST

Effective June 1, 2010

		MSRP
		NEW
MODEL	DESCRIPTION	MSRP
2-Tone	Two-Tone Paint Option for Perf. Series Cages <i>(no charge for Pro Series)</i>	25
900	Chest Press	2,299
901	Pec Deck	2,399
902	Shoulder Press	2,399
903	Lever Lat Pulldown	1,999
904	Vertical Row	2,399
905	Lat Pulldown	1,999
906	Seated Row	2,099
907	Low Back	2,499
908	Arm Curl	2,249
910	Tricep Extension	2,349
911	Leg Extension	2,399
912	Leg Curl	2,299
914	Supine Leg Press	3,699
915	Standing Calf	2,399
916	Total Hip Combo	2,549
918	Leg Extension / Curl Combo	2,549
919	Cable Crossover	2,899
931	Seated Leg Press	3,699
933	Dip / Chin-Up Assist	2,699
941	Ab Crunch	2,399
942	Rear Delt / Pec Combo	2,399
943	Neck Machine	1,799
945	Lat Pulldown / Low Row Combo	2,199
946	Standing Bicep / Tricep Combo	1,999
947	Glute Press	2,199
949	Inner Thigh	2,449
950	Outer Thigh	2,449
951	Single Hi / Low Pulley Cable	1,899
952	Adjustable Cable Column	1,899
953	Functional Trainer	3,499
954	Cable Crossover w/ Adjustable Pulley	3,399
956	Seated Leg Curl	2,399
957	Low Back / Ab Combo	2,549
958	Four-Stack Jungle	7,999
959	Eight-Stack Jungle	10,999
960	Cable Crossover Plus	5,799
962	Lateral Raise	2,299
963	Multi-Press Combo	2,499
964	Inner / Outer Thigh Combo	2,699
965	Combo Jungle	9,999
966	Standing Bicep	1,799
967	Standing Tricep	1,799
968	WOMEN'S CIRCUIT	19,999
969	CHILDREN'S CIRCUIT	19,999
970	Standing Leg Curl	2,399
971	Pro Series Seated Lat Pulldown / Low Row	2,849
972	Lying Chest Press	2,199
973	Three-Stack Jungle - Lying Chest, Bicep/Tricep, Lat Pulldown	5,899
990	Unilateral Converging Shoulder Press	2,399
991	Unilateral Converging Incline Chest Press	2,399
3100	Utility Flat	299
3101	Incline Utility	549
3102	Decline Utility	585
3103	Three-Way Utility	605

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*denotes Silver Vein finish only

MODEL	DESCRIPTION	MSRP
3104	Multi-Purpose	389
3105	Olympic Flat	550
3106	Olympic Incline	799
3108	Olympic Shoulder	749
3109	Olympic Decline	739
3110	Incline Lever Row	799
3112*	Plateholder	169
3113	Dip / Ab / Push-up Station	799
3114	Preacher Curl	599
3116	Mini Sit-Up	435
3118	Ten Pair Hex Head Dumbbell Rack (Two Tier)	585
3119	Seated Calf (plate-loaded)	599
3121	Power Rack	1,310
3121-V	Varsity Power Rack (2 inch frame)	789
3122	Angled Leg Press	2,499
3123	Hack Squat	2,559
3124	Smith Machine	2,799
3124-DP	Smith Machine w/ diamond plate shrouds	3,199
3126*	A-Frame Plateholder	169
3127	45° Hyperextension	549
3128	Dip / Chin / Push-up Station	639
3129	Squat Machine	1,999
3130	Glute Ham	789
3130-S	Glute Ham w/ Split Pad	789
3131	Standard Lifting Platform 6' x 8'	989
3133	Power Cage	1,299
3134	Plyo Boxes (Set of 5)	825
3134-12	12" Plyo Box	169
3134-18	18" Plyo Box	179
3134-24	24" Plyo Box	189
3134-30	30" Plyo Box	199
3134-36	36" Plyo Box	209
3134-42	42" Plyo Box	219
3135	Leg Extension / Leg Curl (plate-loaded)	1,049
3136	Lat Pulldown / Low Row (plate-loaded)	1,099
3136-L	Lat Pulldown (plate-loaded)	999
3137*	Olympic Bar Holder - 6 Bar	179
3138	Peg Squat Rack	1,099
3139	Large Standard Lifting Platform 8' x 8'	1,099
3140	Destroyer	1,899
3141	Power Station	1,310
3142	Half Cage	1,099
3143	Squat Stool	269
3144-P	Custom Logo on Platform	150
3144-D	Custom Logo Digitizing (one time fee)	102
3144-WG	Custom Logo on Wear Guard	75
3145	Curl Pedestal	349
3146	Double Dip Stand	619
3147*	Dip Attachment (for Performance Series Cages)	199
3149	Ten Barbell Rack	619
3150	Olympic Flat w/ Plate-Storage	819
3151	Horizontal Hyperextension	599
3152	Standing Calf (plate-loaded)	859
3153	Dip / Chin-Up / Ab Station	899
3154	Olympic Incline w/ Plate-Storage	1,170
3155	Double-Sided Half Cage	1,599
3156	Olympic Shoulder w/ Plate-Storage	1,170
3157	Olympic Decline w/ Plate-Storage	1,170
3159	Accessory Rack	675
3160	Oblique Flexor	529

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MODEL	DESCRIPTION	MSRP
3161	Ab Crunch Bench	669
3162	Sissy Squat	449
3163*	Horizontal Bumper Rack	239
3163-W*	Horizontal Bumper Rack WIDE	239
3164	Four-Way Utility	649
3165	Trap Shrugger	385
3166	Standing Preacher Curl	585
3168	Three-Tier Hex Head Dumbbell Rack (15 Pair)	799
3169	Ten Pair Pro Style Dumbbell Rack (Two Tier)	675
3170	Six Pair Hex Head Dumbbell Rack (Two Tier)	519
3171	Power Station (Fat Bar)	1,370
3172*	Step-Up Attachment (for Performance Series Cages)	199
3173*	Plateholder / Organizer	199
3174	Five Barbell Rack	399
3175	Standing Leg Curl (plate-loaded)	789
3176	Sit-Up Board w/ Ladder	749
3178	Gravity Crunch	999
3180	Olympic Four-Way Bench	1,250
3181	Wall-Mounted Pull-Up Bar	259
3190	Six Pair Pro Style Dumbbell Rack (Two-Tier)	549
3191	Three-Tier Pro Style Dumbbell Rack (15 Pair)	899
3193	Olympic Peg Plateholder	249
3194	Tongue and Groove Oak Lifting Platform 6' x 8'	1,549
3195	Tongue and Groove Oak Lifting Platform 8' x 8'	1,699
3199	Power Cage with Oak Insert Platform	2,899
3199-R	Power Cage with All-Rubber Insert Platform	2,799
3201	Fat Bar Power Station w/ Oak Insert Platform	2,899
3201-R	Fat Bar Power Station w/ All-Rubber Insert Platform	2,799
3202	Half Cage w/ Oak Insert Platform	2,735
3202-R	Half Cage w/ All-Rubber Insert Platform	2,635
3203	Double-Sided Half Cage w/ Oak Insert Platform	3,150
3203-R	Double-Sided Half Cage w/ All-Rubber Insert Platform	3,050
3204	Double-Sided Half Cage w/ Two Oak Insert Platforms	4,550
3204-R	Double-Sided Half Cage w/ Two All-Rubber Insert Platforms	4,350
3205	Bench Transport Option (Handles and Wheels)	60
3206	Advanced Plyo Boxes (Set of 6, steel)	999
3207	Performance Series Monster Hooks	155
3212	Westside Barbell Reverse Hyper Pro (Must sell at MSRP)	1,799
3213	Westside Barbell Reverse Hyper Ultra (Must sell at MSRP)	1,999
3214	Pro Series Glute / Ham Developer	1,249
3216	Three-Way Utility w/ Spotter's Platforms	769
3217	Westside Barbell Belt Squat Machine	2,810
3218	Westside Barbell Plyo Swing	2,810
3219	Westside Barbell Pulling Sled	159
3220	Westside Barbell Grappler (comes with Wide & Vee Grip Handles)	369
3220-V	Vee Grip Grappler Handle	69
3220-W	Wide Grip Grappler Handle	79
3221-8	Pro Series 8' Power Cage	2,899
3221-9	Pro Series 9' Power Cage	2,999
3221-T	Technique Trays (for 3221 Pro Series Power Cage only) -1 pair-	399
3222	Pro Series Self-Adjusting Three-Way Bench	929
3223	Pro Series 3" Insert Platform	1,699
3223-R	Pro Series 3" Insert Platform w/ all rubber surface	1,445
3224	Leg Press / Hack Squat Combo (plate-loaded)	2,849
3225	Pro Series Prone High Row	999
3226	Pro Series Half Cage	2,449
3226-9	Pro Series Half Cage - 9ft	2,499
3226-T	Technique Trays (for 3226 & 3227 Pro Series Half Cages only) -1 pair-	399
3227	Pro Series Double Sided Half Cage	3,849
3227-9	Pro Series Double Sided Half Cage- 9 ft	3,899

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MODEL	DESCRIPTION	MSRP
3228	Pro Series Seated Lat / Floor Row	2,849
3229	Pro Series Incline Lever Row	885
3230	Westside Barbell Combo Cage	1,399
3231	Performance Plyos (set of 3, foam)	1,399
3231-12	Performance Plyo-12" (foam)	399
3231-24	Performance Plyo - 24" (foam)	739
3231-6	Performance Plyo- 6" (foam)	249
3233	Single Landmine Attachment (<i>compatible w/ all pre-drilled cages</i>)	199
3234	Westside Barbell Half Reverse Hyper	2,399
3235	Dual Landmine Attachment (<i>compatible w/ all pre-drilled cages</i>)	369
3236	Beefy Spotter Arms (<i>for Performance Series Cages</i>)	199
3236-B	Adjustable Band Peg Bars (<i>for Performance Series Cages</i>)	250
3237	Beefy J-Hooks (<i>for Performance Series Cages</i>)	89
3238-L	Lower Band Pegs (<i>for Performance Series Cages</i>)	50
3238-U	Upper Band Pegs (<i>for Performance Series Cages, excl. half cages</i>)	50
3239	Four-Tier Hex Head Dumbbell Rack (20 pair)	999
3240	Pro Series Olympic Flat	899
3241	Pro Series Olympic Incline	999
3242	Pro Series Olympic Shoulder	1,199
3243	Pro Series Olympic Decline	999
3244	Set of Safety Arms (<i>for Performance Series Half Cages only</i>)	165
3245	Long Kettlebell Rack (86 in.)	599
3246	Inverted Spotter Arms (<i>for 3221 Pro Series Power Cage only</i>) -1 pair-	399
3247	Inverted Monster Hooks (<i>for 3221 Pro Series Power Cage only</i>) -1 pair-	399
3248	Wall Mounted Belt Rack	79
3249	Step Attachment (<i>for 3221 Pro Series Power Cage only</i>)	439
3250	Step Attachment (<i>for 3226 & 3227 Pro Series Half Cages only</i>)	439
3251	Dip Attachments (<i>for 3221 Pro Series Power Cages only</i>) -1 pair-	199
3252	Swivel Grip Pull-Up Handles (<i>for cages w/ Pro Series Crossmember</i>)	99
3254	Adjustable Squat Seat	329
3255	Dip Attachments (<i>for 3226 & 3227 Pro Half Cages only</i>) -1 pair-	199
3256	Pro Style Top Crossmember for Performance Series Cages	199
3257	Short Kettlebell Rack (46 in.)	399
3259	Chalk Bowl / Pedestal	199
3261	Olympic Bar Storage Option (<i>Perf. Series cages only; stores 2 bars</i>)	99
3299	Max Performance Belt (<i>for use with 953, 3400, etc.</i>)	99
3300	Monster Hooks (<i>for 3221 Pro Series Power Cage only</i>) -1 pair-	299
3301	Monster Hooks (<i>for 3226 & 3227 Pro Series Half Cages only</i>) -1 pair-	299
3302	Spotter Arms (<i>for 3221 Pro Series Power Cage only</i>) -1 pair-	299
3308	Unilateral Angle Leg Press	3,399
3310	Adjustable Step-Up Box	449
3311	Core Spyder (<i>with open footplate</i>)	999
3311-H	Core Spyder (<i>with NHL footplate</i>)	1,199
3350	Partner Glute / Ham Developer	249
3400	Modular Push / Pull Sled	499
7003	Varsity Glute/Ham Developer (<i>bolt together, w/ split pad</i>)	654
7005	Squat Stands	299
7006	Yessis Glute/Ham/Back Developer	999
7007	VibePlate Platform (<i>needs VibePlate, sold separately</i>) -see below-	2,899
7007-VP	2440 VibePlate (<i>integrates with 7007 Platform only</i>)	1,695
7011	Pulling Blocks -1 pair-	449
7117	T.A.P.S. Tactical Athlete Pull-up System	449

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